

Bill Berry Award—Feature Article

Lindsay Vonn

“Rise: My Story”

Lindsay Vonn shares her incredible journey for the first time, going behind the scenes of her badass life built around resilience and risk-taking.

One of the most aggressive racers ever, this is a look into the relentless pursuit of her limits, past the breaking points as she achieved greatness.

While this iconic grit and perseverance help her battle a myriad of injuries, these injuries came at a cost, both physical and

mental. Lindsay opens up about her decades long depression and struggles with self-confidence, discussing how her mental health challenges influenced her career without defining her.

Lindsay is the founder of the Lindsay Vonn Foundation, which works to empower and enrich the lives of girls and young women.

